

Modules

Modules include: Reading (R), Scripture Study (SS), Anatomy & Physiology (AP), Nutrition (N), and Herbals (HRB).

Module 1 Introduction to Midwifery

R Midwifery and the Law...Judgement (*Christian Midwifery*)
 SS Righteousness I
 AP Organization
 N Brewer Book
 HRB Red Raspberry

Module 2 Childbirth from a Parent's Perspective, Part I

SS Righteousness II
 AP Chemistry
 N Food Choices: Nutrients and Nourishment
 HRB Shepherd's Purse

Module 3 Childbirth from a Parent's Perspective, Part II

SS Righteousness III
 AP Cells
 N Nutrition Guidelines: Tools for a Healthful Diet
 HRB Breastfeeding Herbs

Module 4 Cesarean Prevention

SS Doctrines of Pain in Childbirth
 AP Tissues
 N Complimentary Nutrition: Functional Foods and Dietary Supplements
 HRB Goldenseal

Module 5 The Female Pelvis

SS Childbirth
 AP Reproduction
 N The Human Body: From Food to Fuel
 HRB Butcher's Broom

Module 6 Fetal Skull Anatomy

SS Midwives
 AP Human Development
 N Carbohydrates: Simple Sugars and Complex Chains
 HRB Cramp Bark and Black Haw

- Module 7 **Prenatal Care, Part I**
- R *Prenatal Care* from Spirit-Led Childbirth
Readings in *Christian Midwifery*
“Understanding Blood Types and their Effect of Pregnancy Outcome”
 - SS The Prenatal Period
 - AP Respiratory Systems
 - N Lipids: Not Just Fat
 - HRB Blue Cohosh and Black Cohosh
- Module 8 **Prenatal Care, Part II**
- R Reading research articles
 - SS The Parent/Child Relationship I
 - AP Muscular System
 - N Proteins and Amino Acids: Function Follows Form
 - HRB Uva Ursi
- Module 9 **Exercise**
- R *Essential Exercises for the Childbearing Year* by Elizabeth Nobel
 - SS The Parent/Child Relationship II
 - AP Nervous System
 - N Spotlight on Metabolism
 - HRB Squaw Vine
- Module 10 **Normal First Stage of Labor**
- R Readings in *Christian Midwifery*
 - SS Healing
 - AP Blood
 - N Energy Balance and Weight Management
 - HRB Wild Yam
- Module 11 **Normal Second Stage of Labor**
- R Discussion of Shoulder Dystocia
Readings in *Christian Midwifery*
 - SS Faith
 - AP Heart
 - N Vitamins
 - HRB False Unicorn
- Module 12 **Third Stage of Labor and Hemorrhage**
- R Midwifery Institute of America notes on 3rd stage mgmt and hemorrhage
Readings in *Christian Midwifery*
 - SS Services
 - AP Vascular Systems
 - N Spotlight on Alcohol
 - HRB Comfrey

Module 13	Breastfeeding
R	<i>Womanly Art of Breastfeeding</i> by La Leche League Discussion on Vitamin K supplementation for newborns
SS	Birth Servanthood as a Ministry to the Unsaved
AP	Urinary System
N	Water and Minerals
Module 14	Newborn Exam, Part I
R	Readings in <i>Christian Midwifery</i>
SS	Fear
AP	Endocrine System
N	Sports Nutrition
Module 15	Newborn Exam, Part II
SS	Mercy Missions
AP	Microbiology
N	Spotlight on Eating Disorders
Module 16	Female Hormones
SS	Jail Ministry
AP	Digestive System
N	Life Cycle: Maternal and Infant Nutrition
Module 17	Postpartum
R	“Newborn Jaundice” article “Pathologic Jaundice” article “ABO Incompatibility” article
SS	Righteous Judgement and the Tongue
AP	Body Temp & Metabolism
N	Life Cycle: From Childhood through Adulthood
Module 18	Prenatal Complications
R	MIA <i>News</i> “Pregnancy Itching” MIA <i>News</i> “Thrombophilia” MIA <i>News</i> “Postmaturity” “Group B Strep and Birth” article
SS	Pride
AP	Fluid-Electrolyte & Acid-Base Balance
N	Food Safety and Technology: Microbial Threats and Genetic Engineering
Module 19	Labor & Delivery Complications, Part I
AP	Lymphatic System
N	World View of Nutrition: The Faces of Global Malnutrition

Module 20 **Labor & Delivery Complications, Part II**

R Shoulder Dystocia Exam
 Breech Exam

AP Integumentary System

Module 21 **Newborn Complications**

AP Skeletal System

Module 22 **Issues Surrounding Midwifery**

AP Senses